



Federal Ministry  
of Education  
and Research

# Career orientation for immigrants (BOF)

You want to start an apprenticeship or a trainee programme?  
In our Career Orientation for Immigrants (BOF) classes we  
help you find the career that suits you and we offer support  
in finding a company where you can do your training.

## **In our BOF classes...**

- you can get real-life experience of up to three different training occupations.
- you acquire technical knowledge and learn the language for your occupation.
- you can do an internship and get to know your future employer.
- you receive individual support and advice.
- we help you with arranging childcare.
- your travel expenses are covered.
- you receive work clothes and lunch.
- we help you with your application for an apprenticeship or training place.
- we find the right company for you to do your apprenticeship or training programme.

### You are eligible if...

- you are a migrant and need help getting into vocational training.
- you are no longer of school age.
- you have already completed an integration or language course.
- you are sufficiently proficient in the German language (preferably level B1).

### The BOF class...

- lasts six months or less.
- takes place from Monday to Friday.
- for eight hours per day
- or four hours if you are working part time.

### If you are interested, you can get more information here:

Frei-/Stempelfeld für den Träger